AIMS | College of Pharmacy
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(Recognized By : Pharmacy Council of India (PCI), New Delhi, Government of Maharashtra, Directorate of Technical Education, Mumbai
(Affiliated To : University of Mumbai, Maharashtra State Board of Technical Education (MSBTE))

Date: 12/10/2026

REPORT OF WORLD MENTAL HEALTH DAY

No.	Particulars	Remarks
1.	Participants	D. Pharmacy & B. Pharmacy students & Staff
2.	Subject	Guest Lecture
3.	Topic	**World Mental Health Day 2026** **Awareness on Mental Health**
4.	Guest Speaker	**Dr. Bhushan Patil, M.D. (Psychiatry), Consultant Neuropsychiatrist, AIMS Hospital**
5.	Organized By	Extra-curricular Committee
6.	Venue	Auditorium, 2nd floor, AIMS Foundation, Dombivali (E)
7.	Day and Date	Thursday, 08th October 2026
8.	Time	03:00 – 04:00 p.m.
7.	Teachers/ Instructor	Ms. Kajal Kharat Ms. Aditi Mhatre

AIMS COLLEGE OF PHARMACY DOMBIVLI

Principal

Dr. (Mrs.) Vanita G. Kanase

PRINCIPAL
AIMS College of Pharmacy
At-AIMS Foundation, Vadavli
Dombivli (E)

REPORT OF WORLD PHARMACIST DAY CELEBRATION

INTRODUCTION

AIMS College of Pharmacy observed **World Mental Health Day 2026** on 8th October 2026 by organizing a special guest lecture on the topic **"Awareness on Mental Health."** The programme was organized by the Extra-Curricular Committee for D. Pharmacy and B. Pharmacy students and staff members. The session was conducted at the Auditorium, 2nd Floor, AIMS Foundation, Dombivli (E), from 03:00 p.m. to 04:00 p.m.

EXPLANATION OF THE PROGRAMME

The session was delivered by **Dr. Bhushan Patil, M.D. (Psychiatry), Consultant Neuropsychiatrist, AIMS Hospital**, who shared valuable insights into the importance of mental health and emotional well-being. He explained common mental health challenges, early identification of psychological concerns, stress management and the importance of seeking professional help. He also encouraged students to overcome the stigma associated with mental health and maintain a healthy balance between academic and personal life.

The Guest Speaker explained mental well-being and mental health disturbances through practical, real-life examples, helping students understand common psychological challenges and their impact on daily life. He discussed ways to maintain emotional balance, manage stress and recognize signs of mental health concerns. The session was highly interactive, with active student participation and engaging discussions, making it informative and relatable.

Dr. (Mrs.) Vanita G. Kanase, Principal, AIMS College of Pharmacy, felicitated the Guest Speaker, Dr. Bhushan Patil, by presenting a sapling as a token of appreciation and gratitude for sharing his valuable knowledge and expertise with the students.

CONCLUSION

The programme concluded with a vote of thanks, expressing gratitude to the Guest Speaker, Principal, faculty members and students for their participation and support. The session successfully created awareness about mental health and encouraged students to prioritize their emotional well-being, seek timely support and contribute towards building a mentally healthy and supportive society.

AIMS COLLEGE OF PHARMACY
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Highlight of the Event:













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